

THE PARISH OF ST PETER AND ST JAMES
BELFAST

PARISH NOTES

JULY/AUGUST 2017

Rector: The Rev'd Brian Lacey
St Peter's Rectory, 17 Waterloo Park South, Belfast, BT15 5HX

GOD . LOVING . PEOPLE

RECTOR'S NOTES

SERVICES IN JULY

There are only two festivals during the month: **St Thomas's Day** on Monday 3rd July, for which there will be a traditional celebration of Holy Communion at 7.30pm. (Note that the licensing of our Parish Readers will happen during this service—*see below*). Then on Sunday 23rd July we will celebrate the transferred **St James' Day**—the second of our two patron saints. As always, the Choir will return from the summer break on this occasion. If you know any former St James' parishioners who do not regularly worship in St Peter's, then please encourage them to do so on this particularly Sunday.

Please note that there are no Sunday evening services during July and August.

PARISH READERS

The rules of the Church of Ireland state that nobody is permitted to lead regular acts of worship in a church without a license from the Bishop. In order both to assist me and to cover some services during my holidays or sick leave, three members of our congregation will be licensed on Monday

3rd July at 7.30pm in St Peter's. They are David Cromie, Forde Patterson, and Tony Swan. Officially they will be known as Parish Readers, and they will have permission to lead services of Morning Prayer or Evening Prayer, Compline, and the Late Evening Office, and to assist me in other services wherever appropriate. They are not permitted to preach, or to pronounce the blessing or absolution, or to celebrate Holy Communion. I have asked David to assist me a couple of times each month at the 11am service, and to take some evening services. Forde and Tony will generally only take services in my absence at the Wednesday 10.30am and Sunday 9am services, respectively. Please note that we will of course still rely upon retired clergy, such as our good friend, the Very Rev'd Brian Moller, to celebrate Holy Communion during my holidays. I'm sure David, Forde, and Tony would appreciate your prayers and encouragement, particularly on Monday 3rd July.

TELEPHONE PRAYER TEAM

We are looking for volunteers to help with a telephone prayer chain. This is how it works: if someone wishes to ask for prayers for themselves or their loved ones, then they ring a telephone number printed in the Parish Notes each month. The person who answers takes the message, and after the phone call has ended they then pray as requested. They then ring the next person in the prayer chain and pass on the request. That person then rings the next person in the prayer chain and passes on the request, and so on until the last person in the chain rings the first person, who then

knows that everyone in the Prayer Team has been informed. This sort of Telephone Prayer Team is very straightforward, and can be very effective. If you would like to volunteer, all you need is a telephone and a desire to pray for the needs of other people. It is unlikely to be an onerous task in a parish the size of ours. Unless you want to be a team leader, then



your telephone number will only be known to one or two other members of the team; it won't be made public. If you would like to volunteer for this, even on a trial basis, please contact me or Rosemary Johnston. Full training and support will be given.

SERMON SUMMARIES

On the **Day of Pentecost** (*Sunday 4th June*) we thought about how difficult some aspects of Christianity are. In particular, I suggested that forgiving people who have hurt us (whether accidentally or purposefully) could be a real struggle. Sometimes when we have been offended or injured, it is very difficult to move on as if nothing happened. And yet didn't Jesus teach his disciples that they had to forgive every time someone hurt them? Didn't he say love your enemies? Didn't he hang on the cross, having been mocked and tortured, and yet he prayed "Father, forgive them"? If these are the teaching and example of Christ, then if someone says that they are a Christian, surely they must also forgive? No ifs or buts, just forgive, forget,

and carry on with a clean slate, and fresh start. I think many people, even mature Christians, would struggle with that. It is our instinctive behaviour as human beings, that when we are wronged, or hurt, or offended, or when our happiness is disturbed we react badly. At best, we might simply withdraw into ourselves, and become consumed in our grief or anger or hurt. And at worst we might even retaliate, and seek revenge—they have hurt us, so we will hurt them. Those sort of responses are part and parcel of our human nature. And even Christians will be inclined to respond in those negative ways. But here's the thing: God does want us to forgive and forget whenever we've been hurt. That commandment is explicitly clear in the Bible. And to be equally clear, Christians are expected to live according to God's commandments. And yet, our natural instinct as human beings, if left to our own devices, rarely inclines us to obey God's laws. With the best will and intentions in the world, none of us can rise above our sinful nature by our own efforts. And it is because of this truth that God poured out his Holy Spirit upon the church 2000 years ago at Pentecost, and continues to give his Holy Spirit to Christians today. The Holy Spirit, is that part of God himself, which comes to dwell with our own soul, which speaks God's laws directly to us, and gives us the understanding of why obedience to his laws is the right thing to do in any given context; and he gives us the motivation and the encouragement to obey them. He does this, because he knows that we cannot overcome our sinful actions and reactions of our own accord, by our own willpower, by our own efforts. And so the Holy Spirit tips the balance in our minds away from following our own human gut instincts, and instead he inclines our hearts to

keep God's laws. It is the Holy Spirit, therefore, that helps us to understand that when we have been hurt, not forgiving achieves nothing, if anything it just makes matters worse. And it is the Holy Spirit that helps us to forgive, when we can't quite muster the enthusiasm to do so by our own human efforts. He is a great gift to us, that every person who wants to commit their life to Christ, should ask for. And that requires nothing more than simply praying that God would send his Spirit to live within you, to help and guide you through the highs and lows of life. Without his help, the demands of Christianity will seem too much of a burden. But with his help, we can overcome our negative, sinful natural instincts, and start to act and react the way that God wants us to.

On **Trinity Sunday** (*Sunday 11th June*) I asked: Have you ever not been fully engaged with an act of worship, and instead you've found yourself daydreaming, or distracted, or just going through the motions? Or have you ever been fit, healthy, and up and about on a Sunday morning, but you decide that you just couldn't be bothered going to church? Or have you seen in the notices that there's a Bible Study group or a Prayer Meeting in the church during the week, and you decide that they're not for you, and that you'll stay away. The question is: why do we hold back? Why do we so often hesitate to give to our Lord Jesus our worship, praise and thanksgiving, and why do we hesitate doing whatever is necessary to grow as his disciples? The reason I mentioned this on Trinity Sunday is because in our Gospel passage, we read that when the disciples saw the risen Jesus "they worshipped him, but some doubted." The word "doubted"

in our NRSV Bible is more accurately translated as “hesitated”. So we could read the passage as “They worshipped him, but some hesitated.” Now we don’t know why those particular disciples held themselves back from joining in that worship of the risen Christ. It could be that they were uncertain as to whether or not this person in front of them really was Jesus. After all, other disciples had failed to recognise him after the resurrection. Or it could be that they were in shock, and just didn’t know how to react. Whatever the reason was, they held back from entering into the spirit of worship. But I hope that their reason was simply that they did not believe that Jesus was the Son of God. I hope that their hesitance was not a reflection of their lack of faith in Christ. I have that same hope for us as well, when parishioners don’t turn up for worship, or when the congregation don’t sing loudly enough, or when you half-heartedly mumble the responses, or look disinterested during the sermon, or are too worried about what other people are doing or not doing around you, or when you don’t come along to Bible Studies, or Prayer Groups. Whatever our reason for being hesitant about these things, I hope that there is a valid, practical reason, and it’s not because you simply don’t believe in Jesus Christ. So please ask yourself: Why do we hold back from really engaging with Christianity? If it is for sensible reasons, then OK, but if it is because we don’t fully believe that Jesus is the Son of God, and worthy of our praise and obedience, then the Church has a lot of work to do to correct this error. All of us, myself included, if we are really serious about being Christians, must try harder to manage or remove any obstacles that prevent us from worshipping Jesus, sincerely and frequently, and stop holding ourselves back from developing and expressing our Christian faith.

CHURCH SERVICES IN JULY

SUNDAY 9am 11am	2nd JULY Holy Communion Holy Communion	THE THIRD SUNDAY AFTER TRINITY <i>traditional, said, Resurrection</i> <i>modern, sung, Nave</i>
MONDAY 7.30pm	3rd JULY Holy Communion	ST THOMAS <i>traditional, said, Chancel</i>
WEDNESDAY 10.30am	5th JULY Holy Communion	MID-WEEK SERVICE <i>modern, said, Resurrection</i>
SUNDAY 9am 11am	9th JULY Holy Communion Morning Prayer	THE FOURTH SUNDAY AFTER TRINITY <i>modern, said, Resurrection</i> <i>modern, sung, Nave</i>
WEDNESDAY 10.30am	12th JULY Holy Communion	MID-WEEK SERVICE <i>modern, said, Resurrection</i>
SUNDAY 9am 11am	16th JULY Holy Communion Holy Communion	THE FIFTH SUNDAY AFTER TRINITY <i>modern, said, Resurrection</i> <i>modern, sung, Nave</i>
WEDNESDAY 10.30am	19th JULY Holy Communion	MID-WEEK SERVICE <i>modern, said, Resurrection</i>
SUNDAY 9am 11am	23rd JULY Holy Communion Holy Communion	ST JAMES (transferred) <i>modern, said, Resurrection</i> <i>traditional, sung, Nave</i>
WEDNESDAY 10.30am	26th JULY Holy Communion	MID-WEEK SERVICE <i>modern, said, Resurrection</i>
SUNDAY 9am 11am	30th JULY Holy Communion Morning Prayer	THE SEVENTH SUNDAY AFTER TRINITY <i>modern, said, Resurrection</i> <i>modern, sung, Nave</i>

CHURCH SERVICES IN AUGUST

WEDNESDAY 10.30am	2nd AUGUST Morning Prayer	MID-WEEK SERVICE <i>modern, said, Resurrection</i>
SUNDAY 9am 11am	6th AUGUST Holy Communion Morning Prayer	TRANSFIGURATION SUNDAY <i>traditional, said, Resurrection</i> <i>modern, sung, Nave</i>
WEDNESDAY 10.30am	9th AUGUST Holy Communion	MID-WEEK SERVICE <i>modern, said, Resurrection</i>
SUNDAY 9am 11am	13th AUGUST Holy Communion Holy Communion	THE NINTH SUNDAY AFTER TRINITY <i>modern, said, Resurrection</i> <i>modern, sung, Nave</i>
WEDNESDAY 10.30am	16th AUGUST Holy Communion	MID-WEEK SERVICE <i>modern, said, Resurrection</i>
SUNDAY 9am 11am	20th AUGUST Holy Communion Holy Communion	THE TENTH SUNDAY AFTER TRINITY <i>modern, said, Resurrection</i> <i>modern, sung, Nave</i>
WEDNESDAY 10.30am	23rd AUGUST Morning Prayer	ST BARTHOLOMEW (transferred) <i>modern, said, Resurrection</i>
SUNDAY 9am 11am	27th AUGUST Holy Communion Morning Prayer	THE ELEVENTH SUNDAY AFTER TRINITY <i>modern, said, Resurrection</i> <i>modern, sung, Nave</i>
WEDNESDAY 10.30am	30th AUGUST Holy Communion	MID-WEEK SERVICE <i>modern, said, Resurrection</i>

CHURCH SERVICES IN SEPTEMBER

SUNDAY	3rd SEPTEMBER	THE TWELFTH SUNDAY AFTER TRINITY
9am	Holy Communion	<i>traditional, said, Resurrection</i>
11am	Holy Communion	<i>modern, sung, Nave</i>
6.30pm	Choral Evensong	<i>traditional, sung, Nave</i>
WEDNESDAY	6th SEPTEMBER	MID-WEEK SERVICE
10.30am	Holy Communion	<i>modern, said, Resurrection</i>
THURSDAY	7th SEPTEMBER	THE BIRTH OF THE BLESSED VIRGIN MARY
7.30pm	Holy Communion	<i>traditional, said, Chancel</i>
SUNDAY	10th SEPTEMBER	HARVEST THANKSGIVING
9am	Holy Communion	<i>modern, said, Resurrection</i>
11am	Morning Prayer	<i>modern, sung, Nave</i>
6.30pm	Evening Prayer	<i>modern, said, St James</i>
WEDNESDAY	13th SEPTEMBER	MID-WEEK SERVICE
10.30am	Holy Communion	<i>modern, said, Resurrection</i>
SUNDAY	17th SEPTEMBER	THE FOURTEENTH SUNDAY AFTER TRINITY
9am	Holy Communion	<i>modern, said, Resurrection</i>
11am	Holy Communion	<i>modern, sung, Nave</i>
6.30pm	Compline	<i>traditional, sung, Nave</i>
WEDNESDAY	20th SEPTEMBER	MID-WEEK SERVICE
10.30am	Holy Communion	<i>modern, said, Resurrection</i>
THURSDAY	21st SEPTEMBER	ST MATTHEW
7.30pm	Holy Communion	<i>traditional, said, Chancel</i>
SUNDAY	24th SEPTEMBER	THE FIFTEENTH SUNDAY AFTER TRINITY
9am	Holy Communion	<i>modern, said, Resurrection</i>
11am	Holy Communion	<i>traditional, sung, Nave</i>
6.30pm	Late Evening Office	<i>modern, said, St James</i>
WEDNESDAY	27th SEPTEMBER	MID-WEEK SERVICE
10.30am	Holy Communion	<i>modern, said, Resurrection</i>
THURSDAY	28th SEPTEMBER	ST MICHAEL AND ALL ANGELS (transferred)
7.30pm	Holy Communion	<i>traditional, said, Chancel</i>

PARISH REGISTER

Holy Matrimony

*Signifying unto us the mystical union that is
between Christ and his Church.*

*Timothy Andrew Norman Christie and Selamawit Habtey
Rayne House, Sudbrook Road, London
on 2nd June 2017*

Christian Burial

"At rest in the Lord."

*Gwendoline Campbell
Burleigh Hill House, North Road, Carrickfergus
Cremation at Roselawn
on 19th June 2017*

LESSON READERS AND INTERCESSORS

The following parishioners are on the rota to read at the 11am Sunday services. If you are unable to read on your appointed Sunday, please contact the Warden of Readers, Forde Patterson, tel 90 364 183.

July	First Reading	Second Reading	Intercessor
2nd	Peter Coiley	Alan McCracken	Sandra Hutchman
9th	Alan McCracken	Tom Campbell	David Cromie
16th	Eleanor Henderson	Dora Hanna	Karl O'Connor
23rd	Marie Burrowes	Wes Holmes	Noel Beattie
30th	Hilary Shields	Sandra Hutchman	Forde Patterson
August	First Reading	Second Reading	Intercessor
6th	Philip Williamson	Ashlee McCune	Quintin Mulligan
13th	Daphne McClements	Forde Patterson	Ashlee McCune
20th	Colin Bell	Anne Roberts	Marie Burrowes
27th	Peter Coiley	Alan McCracken	Sandra Davison

July Diary						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9am Holy Communion 11am Morning Prayer	31					1
2 9am Holy Communion 11am Holy Communion	3 <i>St Thomas' Day</i> 7.30pm Holy Communion and Licensing of Parish Readers	4 10.30am Crafty Goodness	5 10.30am Holy Communion and refreshments 6.30pm PhysioPilates	6 2.30pm Parish Prayers	7 10.30am PhysioPilates 11.30am Bible Study 3.30pm Pilates (beginners) 5.30pm Pilates (intermediate)	8

9 9am Holy Communion 11am Morning Prayer	10	11 10.30am Crafty Goodness	12 10.30am Holy Communion and refreshments 6.30pm Pilates	13 7.30pm Bible Study	14 10.30am PhysioPilates 11.30am Mission Committee 3.30pm Pilates (beginners) 5.30pm Pilates (intermediate)	15
16 9am Holy Communion 11am Holy Communion	17	18 10.30 Crafty Goodness	19 10.30am Holy Communion and refreshments 11.30 Fabric Committee 6.30pm Pilates	20	21 10.30am PhysioPilates 11.30am Bible Study 3.30pm Pilates (beginners) 5.30pm Pilates (intermediate)	22
23 <i>St James' Day</i> (transferred) 9am Holy Communion 11am Holy Communion	24	25 10.30 Crafty Goodness	26 10.30am Holy Communion and refreshments 6.30pm Pilates	27 7.30pm Bible Study	28 10.30am PhysioPilates 3.30pm Pilates (beginners) 5.30pm Pilates (intermediate)	29

August Diary						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10.30am Crafty Goodness	2 10.30am Morning Prayer and refreshments 6.30pm PhysioPilates	3 2.30pm Parish Prayers	4 10.30am PhysioPilates 11.30am Bible Study 3.30pm Pilates (beginners) 5.30pm Pilates (intermediate)	5
6 <i>Transfiguration Sunday</i> 9am Holy Communion 11am Holy Communion	7	8 10.30am Crafty Goodness	9 10.30am Holy Communion and refreshments 6.30pm PhysioPilates	10 7.30pm Bible Study	11 10.30am PhysioPilates 11.30am Mission Committee 3.30pm Pilates (beginners) 5.30pm Pilates (intermediate)	12

13 9am Holy Communion 11am Morning Prayer	14	15 10.30am Crafty Goodness	16 10.30am Holy Communion and refreshments 11.30 Fabric Committee 2pm Bridge 6.30pm Pilates	17	18 10.30am PhysioPilates 11.30am Bible Study 3.30pm Pilates (beginners) 5.30pm Pilates (intermediate)	19
20 9am Holy Communion 11am Holy Communion	21 <i>Deadline for material to be with Anne for September Parish Notes</i>	22 10.30 Crafty Goodness	23 10.30am Morning Prayer and refreshments 2pm Bridge 6.30pm Pilates	24 7.30pm Bible Study	25 10.30am PhysioPilates 3.30pm Pilates (beginners) 5.30pm Pilates (intermediate)	26
27 9am Holy Communion 11am Morning Prayer	28	29 10.30 Crafty Goodness	30 10.30am Holy Communion and refreshments 2pm Bridge 6.30pm Pilates 7.30pm Choir	31		

Each year our members vote to support six charities. This year our third chosen charity is Cancer Research UK/Cancer Focus NI.



Cancer Research UK, a company limited by guarantee and a registered charity. It was formed in 2002 by twenty founding members, the original Trustees. The Council of Trustees is led by the Chairman, Professor Sir Leszek Borysiewicz.

What is cancer? Cancer is when abnormal cells divide in an uncontrolled way. Some cancers may eventually spread into other tissues.

Cancer is very common. Latest statistics show that one in every two of us will be diagnosed with some form of cancer at some stage of our lifetime. It is most prevalent among the over 60's and as we are an aging population we can expect even greater numbers of people to be diagnosed in the future.

There are more than 200 different types of cancer. Thanks to research many people are cured. Cancer starts when gene changes make one cell or a few cells begin to grow and multiply too much. This may cause a growth called a tumour. A primary tumour is the name for where a cancer starts. Cancer can sometimes spread to other parts of the body—this is called a secondary tumour or a metastasis. Many cancers are curable—some are not. Most cancers start due to gene changes that happen over a person's lifetime. More rarely cancers start due to inherited faulty genes passed down in families. Many cancers are cured. But in some people cancer can return. Some cancers can't be cured but treatment is often able to control them for some years.

Cancers are divided into groups according to the type of cell they start from. They include

- Carcinomas
- Lymphomas
- Leukaemias
- Brain tumours
- Sarcomas

In the 1970s, less than a quarter of people with cancer survived. But over the last 40 years, survival has doubled—today half will survive. Cancer Research UK's ambition is to accelerate progress and see three-quarters of people surviving the disease within the next 20 years. Our new strategy will give us the foundations we need to tackle the challenges ahead.

Cancer Research UK wants cancer survival in the UK to be among the best in the world—working to help prevent cancer, to diagnose it earlier, and to develop new treatments and to optimise current treatments by adapting them to suit individual patients' needs. It is increasing research in such areas as early diagnosis and hard to treat lung pancreas, pancreatic, oesophageal cancers and brain tumours. To help to accelerate progress Cancer Research UK will be investing £50 million a year in funding schemes for our researchers. Smoking is the largest preventable cause of cancer. The charity is working towards the day when no-one in the UK smokes—in particular protecting children and helping people to quit. The charity can't achieve its mission alone. It relies on dedicated scientists, doctors and nurses and on the generosity of its supporters across the UK.

Northern Ireland has its own branch of the Cancer Research family—Cancer Focus NI. One of Cancer Focus NI's main aims is to support world-class, cutting-edge research into the

causes, treatment and prevention of cancer. Many cancers previously thought to be incurable are now being treated successfully as a result of important work in this field. Research will benefit future generations but it can also help cancer patients here and now. We fund translational cancer research at the Centre for Cancer Research and Cell Biology (CCRCB) in Queen's University Belfast. This applies findings from the laboratory directly into a working clinical environment—finding practical applications of the research undertaken. We also fund psychosocial studies that look at patients' experience of the cancer journey and how it can be improved.

If you would like to support the parish's charitable giving to Cancer Research UK or Cancer Focus NI, then we encourage you to give cash, or write a cheque payable to "The Parish of St Peter and St James, Belfast", and bring it to church or to the parish office in an envelope marked "Cancer Research UK" or "Cancer Focus NI".

To donate to Cancer Research UK directly, cheques made payable to "Cancer Research UK" should be sent to Cancer Research UK , PO Box 1561 Oxford OX4 9GZ, or phone 03001231022 or visit www.cancerresearchuk.org, click on the Donate rollover and select the means by which you wish to donate.

To make a donation to CCRB directly, go to hello@cancerfocusni.org select Contact: Cancer Focus Northern Ireland, click on the orange Donate button and follow the links. Cheques made payable to "Cancer Focus NI" may be sent to Cancer Focus NI at 40-44 Eglantine Avenue Belfast BT9 6DX. Donations may also be made by telephone on 90 680 740.

Peter Gray



The Story of Belfast

***An exhibition
well worth seeing***



This exhibition covers the development of Belfast from prehistoric times to the present day—the growth of an industrial and cultural city. It also covers some famous Belfast people and important historic buildings.

The Belfast Civic Trust was formed by a group of people concerned about the city's heritage and its surroundings. It is a voluntary, non-profit organisation registered as a charity. Anyone is welcome to join—the membership encompasses all walks of life from layperson to the professional.

The exhibition is on display in Grove Library, 120 York Road, until 17th July 2017.

Further information from Daphne McClements tel 07730 127350.

SELECT VESTRY BULLETIN

The newly constituted Select Vestry has continued the important work of managing the parish's financial and administrative affairs. We have been fortunate that there have been no significant building works ongoing, and we are now seeing a lower deficit for the year to date compared with this time last year. Unfortunately, the premises that we manage at St James' have not been problem free. St James' Church has recently suffered water damage, and we are now working to clear away the water, clean the gutters, and inspect the building to ensure there is no structural or electrical damage. The Coptic Orthodox Church has been using the church to hold services, but we have had to move them to the St James' halls until we can ascertain if the above problems can be resolved.

In the longer term, we are hoping to sell the St James' site, and in this connection, I have requested permission from the Diocesan Council to begin the process of selling the premises, with a subgroup of the Select Vestry investigating the legalities. Ideally, we would like to see Christian worship continue on this important site. Nevertheless, we are pleased that we have been able to preserve much of St James' rich heritage and history within the walls of St Peter's. The St James' side chapel within St Peter's—recently enhanced with the addition of the credence table and the John Watson Communion Table—stands as a fitting tribute to the Anglican Community once served by St James'.

With the summer holidays finally here, we hope to have St Peter's open to the wider community most week days for a couple of hours, and thereby show off our beautiful Church, and indeed, the heritage of the Church of Ireland community on the Antrim Road. There is a sheet at the back of the church for anyone who would like to volunteer to help in this regard.

Gareth Larmour, Hon Sec to Select Vestry

JULY FLOWER LIST

2ND THE HALL FAMILY IN MEMORY OF THEIR FATHER

AUGUST FLOWER LIST

6TH SANDRA HUTCHMAN IN MEMORY OF HER PARENTS

20TH ANNETTE BEATTIE

Thank you to all who give of their time and effort
in beautifying the church with flowers.



Ladies' Guild Outing



On 9th May, members of our Ladies' Guild enjoyed an outing to Kilcoan Gardens, Islandmagee, which included afternoon tea and a demonstration of how to arrange a hand-tied bouquet.

Marie Burrowes (pictured here) was the lucky winner of the beautiful floral arrangement created during the demonstration.



ORGANISATIONS - TIMETABLE

Sunday

11am—12noon: Sunday School

Monday

8pm—11pm: Badminton Club

Tuesday

10.30am—12.30pm: Crafty Goodness

2.30pm—4.30pm: Ladies' Guild (2nd Tuesday in month)

6pm—7pm: Beaver Scouts

7pm—8pm: Cub Scouts

Wednesday

2pm—4pm: Bridge Club

6.30pm—7.45pm: PhysioPilates

7.30pm—9pm: Choir

Thursday

10am—11.30am: 'Little Cherubs' Parent and Toddler Group

2.30pm—3.30pm: Parish Prayers (1st Thursday in month)

6pm—7pm: Rainbows

7pm—8pm: Brownies

7.30pm—9pm: Bible Study (2nd & 4th Thursday in month)

7.45pm—9.30pm: Historical Society (3rd Thursday in month)

8pm—9.30pm: Guides

Friday

10.30am—11.45am: PhysioPilates

11.30am—12.30pm: Bible Study (1st and 3rd Friday in month)

3.30pm—4.30pm: Physiotherapy led Mat Pilates (beginners)

5.30pm—6.30pm: Physiotherapy led Mat Pilates (intermediate)

4.30pm—7.30pm: Speech and Drama

*For more information on the parish organisations (including term dates)
please contact the appropriate personnel listed on the back page
or the Parish Office.*

PASTORAL CARE

If you would like to arrange for the Rector to visit you at home, whether to share your anxieties in confidence, for spiritual advice, for prayer, or for Holy Communion, then please contact him on 90 777 053. This is an essential part of his ministry and he will be pleased to visit you and help in whatever way he can.

If the Rector is unavailable, there will be contact details for other clergy on the answer machine.

If you or a loved one is seriously ill, particularly if you are admitted to hospital, please inform the Rector. He often visits the hospitals but has no way of knowing who has been admitted unless he is informed. If you are visited by a hospital chaplain and they ask if you would like your Rector to visit, please say “yes” and he will gladly come to see you.

Parish Notes in colour!

There are full colour versions of
Parish Notes on our website.

Visit

www.stpeters.connor.anglican.org
and click on “Parish Notes”.

PARISH DEFIBRILLATOR

Please don't forget we are collecting
any bits of gold you may have lying
around to raise money to buy a
defibrillator so please keep looking!

PARISHIONER CONTACT DETAILS

For speed of communication and to
keep our records up to date please
send your email address to Anne at
stpeterandstjames@outlook.com.
Also please don't forget to let us
know if you move house, change
your telephone number or change
your email address. Thank you.

Holy Dusters Cleaning Rota

26th June—1st July	-----	Group 5
3rd July—8th July	-----	Group 6
10th July—15th July	-----	Group 7
17th July—22nd July	-----	Group 8
24th July—29th July	-----	Group 1
31st July—5th August	-----	Group 2
7th Aug—12th Aug	-----	Group 3
14th Aug—19th Aug	-----	Group 4
21st Aug—26th Aug	-----	Group 5
28th Aug—2nd Sept	-----	Group 6

Please send material for the September issue of Parish Notes to:

Anne Cromie, Parish Office, St Peter's Church,
Fortwilliam Drive, Belfast BT15 4EB

or email: stpeterandstjames@outlook.com

by Monday 21st August. Thank you.